

HOPE SPRINGS

WOMEN'S GROUP PROGRAM



ADDRESS:
105 EDWIN ST,
HEIDELBERG HEIGHTS,
VIC 3081



PHONE:
94598859/0491064191

EMAIL:
WOMEN.HOPESPRINGS@BANYULEUC.ORG.AU

WEBSITE:
<https://BANYULEUC.ORG.AU/CONNECTING-WITH-COMMUNITY/HOPE-SPRINGS/>



FACEBOOK:
<https://WWW.FACEBOOK.COM/PEOPLE/HOPE-SPRINGS-WOMENS-GROUP/100086537787966/>

INSTAGRAM: @HOPESPRINGSWOMEN

IF YOU HAVE ANY QUESTIONS, FEEL FREE TO TEXT OR EMAIL US :)

ALL WOMEN ARE WELCOME.
NO COST, NO REFERRAL REQUIRED.
VOLUNTARY CONTRIBUTION WELCOME.



Date

28th Jan

Activity

Cuppas and Conversations

4th Feb

DIY Calendar and Colouring in

11th Feb

Galentine's Day Karaoke

18th Feb

Mystery Activity

25th Feb

Board Games and Puzzles Day

4th Mar

Movie- International Women's Day Special

11th Mar

Discussion Group: Menopause and Mental Health

18th Mar

Paint and Sip Session

25th Mar

Bring your favourite thing Day

1st Apr

Easter Celebration: Trip to the Cafe

WE ACKNOWLEDGE THE TRADITIONAL CUSTODIANSHIP OF THE WURUNDJERI AND THE LAW OF THE COUNTRY ON WHICH WE LIVE. WE PAY OUR RESPECTS TO THOSE WHO HAVE CARED AND CONTINUE TO CARE FOR COUNTRY.