



THE SPRINGBOARD



A hope springs Activity and Support Program

A group for all interested people ... Going places together ... Making new friends ...
Linking with other activities ... Learning new skills Caring for ourselves

March til June 2023 activities:

Fri 3rd March, 10.30am - BBQ in a park somewhere!

Cost: \$5 (brunch provided)

Meet at **hope springs**

105 Edwin St, Heidelberg Heights, 10.30am sharp

Fri 31st March, 7pm - Footy night at hope springs!

Telecast of Collingwood v Richmond; Cost: \$5 (for hot dogs and refreshments)

Venue: *Cross Gen Uniting Church/hope springs 105 Edwin St Heidelberg Heights*

Fri 28th April, 10.30am - Outing somewhere!

Cost: \$5 (brunch provided). Meet at hope springs

105 Edwin St, Heidelberg Heights, 10.30am sharp

Fri 26th May, 7pm - Movie night!

Cost: \$5 (for popcorn, ice cream, etc)

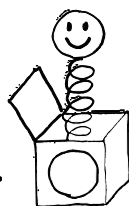
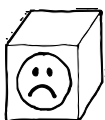
meet at **hope springs** at 105 Edwin St Heidelberg Heights 7pm

... movie starts 7.30pm sharp

Fri 23rd June, 10.30am - Outing somewhere!

Cost: \$5 (brunch provided). Meet at hope springs

105 Edwin St, Heidelberg Heights, 10.30am sharp



**Volunteers provide help with transport
to outing where required**

For more information about this group, and to be on our email or texting list for flyers and activities, Phone: Jon or Indu on 9459 8859 or email hopesprings@banyuleuc.org.au