

## What Women Want

### *hope springs* Women's Group Program

2021, Term 1

All women are welcome. No cost, no registration or referral required.  
(feel free to give a voluntary contribution)

**Address:** 105 Edwin St, Heidelberg Heights, VIC 3081  
(Wheelchair accessible venue)

Date	Activity
03/02/21	Timetable discussion
10/02/21	Outing: Morning tea picnic at James Reserve (within walking distance to hope springs)
17/02/21	Make yummy bliss balls
24/02/21	Craft activity: Create our own Spoonville
03/03/21	BBQ lunch
10/03/21	Decorating terracotta pots
17/03/21	Art Therapy with Natasha
24/03/21	Easter Activity
31/03/21	Outing: Walk to Sunnyside Café (First drink- coffee, tea, juice) on <i>hope springs</i> )

**Contact:** JJ (women's group coordinator)

**Phone:** 94598859 /0491064191

**Facebook:** "hope springs Heidelberg"

**Note about outings:** Please arrive early at *hope springs*, as we will leave **at 10.30am** sharp. In the event of poor weather conditions, such as extreme heat or cold, or poor air quality, scheduled outdoor activity may be changed to an indoor activity or it may be cancelled. Should such an event occur, updates will be provided via text messages.